

# Bioenergetic Basics Workshop Series

## Southern Great Lakes Area



Modern Bioenergetic Analysis is both a theory and a method of psychotherapy that works with a person's body-mind system within the context of the therapeutic relationship. This workshop series is designed to give professionals in the healthcare field some basic functional knowledge of Bioenergetics through lecture, demonstration, and experiential process.

**\$100 Canadian per pre-paid workshop**  
**\$120 at the door**  
 Contact [Ann Coleman](mailto:Ann.Coleman@anncoleman.us) for exchange

Facilitators are certified with the International Institute for Bioenergetic Analysis

### Energy Flow in the Body

NOVEMBER 5, 2016

facilitated by:  
 Alex Munroe, MSW, RSW, CBT  
 IIBA International Trainer  
 Carol Melnick, MSW, RSW, CBT

404 Whisker Court  
 London, Ontario

Registration:  
[amunroe@golden.net](mailto:amunroe@golden.net)

### Grounding the Body's Energy

JANUARY 21, 2017

facilitated by:  
 Jane Ahlfeld, MA, CBT  
 IIBA Local Trainer  
 Ann Coleman, LMSW, CBT

2791 E. Walton Blvd  
 Rochester Hills, MI

Registration:  
[email@anncoleman.us](mailto:email@anncoleman.us)

### Reading the Body

FEBRUARY 11, 2017

facilitated by:  
 Adela Gorodzinsky, M.Ed, CCC,  
 CBT, TIRF, RP  
 Vicky Stevens, RSW, CBT, CTRE,  
 CTP

2698 Bradley Ave  
 London, Ontario

Registration:  
[healinginprocess@gmail.com](mailto:healinginprocess@gmail.com)

### Setting Boundaries

MARCH 11, 2017

facilitated by:  
 Alex Munroe, MSW, RSW, CBT  
 IIBA International Trainer  
 Carol Melnick, MSW, RSW, CBT

Ignatius Retreat Centre  
 5420 Hwy 6 North, Guelph, ON

Registration:  
[amunroe@golden.net](mailto:amunroe@golden.net)

### The 5 Character Structures

APRIL 8, 2017

facilitated by:  
 Jane Ahlfeld, MA, CBT  
 IIBA Local Trainer  
 Ann Coleman, LMSW, CBT

2791 E. Walton Blvd  
 Rochester Hills, MI

Registration:  
[email@anncoleman.us](mailto:email@anncoleman.us)

### Co-Creating Therapeutic Alliance

SEPTEMBER 23, 2017

facilitated by:  
 Marilyn Morinis, C.Psych, CBT  
 IIBA Faculty Emerita  
 Mitzi O'Keefe, CBT

316 Dupont St.  
 Toronto, Ontario

Registration:  
[marilyn.morinis@sympatico.ca](mailto:marilyn.morinis@sympatico.ca)